

# KSC Bulletin

<http://kscbulletin.ksc.nasa.gov>

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**DEADLINE FOR OFFICIAL/UNOFFICIAL/PERSONAL NOTICES IS TUESDAY, 9:00 am**

## OFFICIAL

**MISUSE OF OFFICE COPIER PAPER:** Paper delivered to the Lanier copiers must not be used for any purpose other than making copies on Lanier copiers. The costs of the machine, maintenance, and all other supplies (staplers, toner, etc.) are included in the cost of office copy paper; this paper is more expensive than paper issued for typing, fax machines, or laser printers. Paper for typing, faxing, and laser printers should be requisitioned from your Logistics Service Center (NASA/SGS only), under Stock No. 7530-01-335-2623. Contact Ann Gary, 867-9103 if you have any questions. (IT-D1)

**REPORTING EMERGENCIES:** To report any emergency on KSC, whether it is fire, security, or medical related, (including possible hazardous commodity exposure); dial 9-1-1 or 867-7911 from a cell phone. For walk-in type first-aid treatment, the Occupational Health Facility is open Monday - Friday from 7:00 am to 5:00 pm, and the Launch Area Clinic is open Monday-Friday 7:00 am to 3:00 pm. Hours other than those, call 9-1-1 for emergencies and/or first aid type treatment. **After normal working hours, the non-emergency medical related assistance will be coordinated through the 9-1-1 operators.** (TA-G)

**EMPLOYEE ASSISTANCE PROGRAM:** All employees are reminded that the Employee Assistance Program offers free, confidential counseling to all Kennedy Space Center and Cape Canaveral Air Force Station employees. Appointments are necessary to ensure adequate time. This program is available Monday through Friday, 7:30 am. to 4:00 pm. Appointments may be made by calling 867-7398. (TA-C2)

**MESSAGE THERAPY:** Massage Therapy available Tuesday-Friday, 10:00 am-4:00 pm, room 1023, O&C Building. To schedule an appointment contact Valerie, (L.M.T. #19362) at 867-4762 or JaramVS@kscems.ksc.nasa.gov. \$1.00 per minute/packages available. Gift certificates also available. (TA-C2)

### **KSC/CCAFS HEALTH EDUCATION & WELLNESS PROGRAM (HEWP)**

<http://hewp.ksc.nasa.gov>

**May 2006 (High Blood Pressure Month) Nutrition for Hypertension:** According to recent estimates, nearly one in three U.S. adults has high blood pressure, but because there are no symptoms, nearly one-third of these people don't know they have it. In fact, many people have high blood pressure for years without knowing it. Changes in dietary intake, including intake adjustments of certain nutrients and foods, may benefit those with hypertension or pre-hypertension. This month's packet summarizes these dietary recommendations including the DASH diet.

Hardcopies of the hypertension packet will be available at all medical and fitness facilities. If you or your department/organization would like to be added to the monthly packet hardcopy distribution list, please call Kris Calderon at 867-3414.

**\*\*HEALTH EDUCATION INFORMATION TABLE\*\*:** The monthly health education table will be set up in the CIF Lobby on May 11th from 11:00 am to 1:00 pm where HEWP staff will distribute hypertension information and offer blood pressure screenings.

**Get your blood pressure checked at either the Launch Area Clinic (LAC) or Occupational Health Facility (OHF) to find out your blood pressure!**

## FUEL FOR WOMEN:



**Fuel 4 Women List Serve:** All women at the spaceport can join the Fuel 4 Women list serve where monthly newsletters and program announcements will be e-mailed to list serve members each month.

Please contact Jessica Crews, Health Education Intern at [Jessica.Crews@jbosc.ksc.nasa.gov](mailto:Jessica.Crews@jbosc.ksc.nasa.gov) for more information about or ideas for *Fuel 4 Women* and to join the list serve.

**GO RED FOR WOMEN MOTHER'S DAY TEA:** The American Heart Association and local sponsor Wuesthoff Heart Center invite you to attend a Mother's Day Tea. This event is an opportunity to learn more about the American Heart Association's Go Red For Women campaign, and to come together with other women who are taking charge of their heart-health. Guests will enjoy a wonderful afternoon of food, music, cardiovascular education and listen to heartfelt survivor testimonies.

Saturday, May 13, 2006; Heritage Isle Clubhouse, 6800 Legacy Blvd. Viera, FL

1:00 pm-3:00 pm

The Mother's Day Tea is FREE for all Go Red For Women members in Brevard County. To join the campaign and/or reserve a seat at the Tea, call (321) 255-3557. Seating is limited so please call today!

### 2006 CARDIOVASCULAR DISEASE (CVD) SCREENING SCHEDULE:

DATE	PLACE	TIME
Wednesday, May 17th	OHF	7-9 a.m. (2 hrs)
Wednesday, June 14th	OHF	7-8 a.m.
Thursday, June 15th	LAC (MFF)	7-8 a.m.
Wednesday, July, 12th	OHF	7-9 a.m. (2 hrs)
Wednesday, August, 16th	OHF	7-8 a.m.
Thursday, August 17th	LAC (MFF)	7-8 a.m.
Wednesday, September, 13th	OHF	7-9 a.m. (2 hrs)
Wednesday, October, 11th	OHF	7-8 a.m.
Thursday, October 12th	LAC (MFF)	7-8 a.m.
Wednesday, November, 15th	OHF	7-9 a.m. (2 hrs)
Wednesday, December, 6th	OHF	7-8 a.m.
Thursday, December 7th	LAC (MFF)	7-8 a.m.

**OHF – Occupational Health Facility (M6-495, Industrial Area @ KSC)**

**LAC (MFF) – KSC Launch Area Clinic (Multi-Functional Facility @ KSC)**

The 2-page CVD questionnaire can be picked up at any medical facility. The questionnaire can also be downloaded from the SGS home page/forms: <http://ksbcoc-forms/KSCForms2/ref/KSC28-1010.itr>. This form can be filled out on-line and then printed. Please print each page separately. You must fast for 12 hours prior to coming to the screening (nothing but water).

**STRESS MANAGEMENT WORKSHOP:** Any employee group can request delivery (at any time of the year, during the workday) of a newly developed, interactive workshop designed to teach employees how to handle stress at their workplace and in their lives. The workshop can be condensed to 30 minutes or extended to more than an hour for optimizing coping and relaxation skills.

Kris Calderon, PhD, CHES, BCIAC, KSC/CCAFS Health Education Administrator will be offering this workshop. Kris is certified in biofeedback and has used relaxation training for stress management in her teaching, service, and research. If interested, please contact her at 867-3414 or e-mail at [Kristine.Calderon@jbosc.ksc.nasa.gov](mailto:Kristine.Calderon@jbosc.ksc.nasa.gov) for more information. The workshop can be delivered in any worksite setting.

**VISION SCREENING SCHEDULE:** No appointment is necessary. Visit the OHF during this time and ask for a vision screening.

Tuesday May 9 11:00 am-1:00 pm  
Tuesday May 23 11:00 am-1:00 pm

**COLORECTAL CANCER SCREENING:** Small amounts of blood in your stool, which can be detected with hemoccult slides, can be an indication of colorectal cancer. Hemoccult slides and instructions are available at all medical facilities during hours of operation.

**WORKSITE LECTURES:** Work-site lectures on any health subject and requests for health information or counseling are available upon request to Kris Calderon, phone: 867-3414, e-mail: [Kristine.Calderon@jbosc.ksc.nasa.gov](mailto:Kristine.Calderon@jbosc.ksc.nasa.gov). (TA-C2)

**RECORDS RETENTION/DISPOSITION:** Each office which maintains NASA records, including NASA owned/contractor-held records, will use as many of the categories in NPR 1441.1 (as revised) as necessary to cover the disposition of records in their custody. Destruction and retention periods must conform to the authorized periods. Direct questions on categories, disposition, etc., to your organizational Records Control Officer or call the Records Manager, 867-6903, for information. (IT-B)

**KSC LIBRARY NEW BOOKS:** The following new books are available for loan from the KSC Library. If you need any information, please call 867-3600, visit the Library in HQ, Room 1301, or e-mail to [KSCLibrary@jbosc.ksc.nasa.gov](mailto:KSCLibrary@jbosc.ksc.nasa.gov)

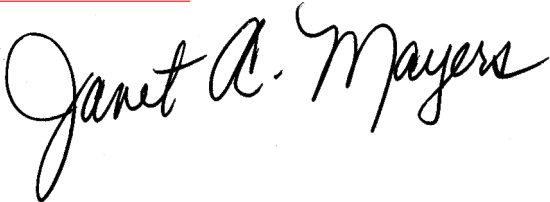
To search the Library's on-line catalog go to: <http://nasagalaxie.larc.nasa.gov/>

Agile Web Development with Rails, #779444  
Getting Off the Planet: Training Astronauts, #779428  
Goal-Free Living: How to Have the Life You Want Now, #779493  
Into the Unknown: The DOD, NASA, and Early Spaceflight, #779352  
MEMS and Microstructures in Aerospace Applications, #779394  
Merck Manual, #779543  
Programming Python, #779477  
Programming Ruby: The Pragmatic Programmer's Guide, #779469  
Thrift Savings Investor's Handbook 2006, #779519  
Visual C++6 for Dummies, #779410  
Writing for Science and Engineering, #779451

**The following new reference books are available for use in the HQ Library, Room 1301, and are not available for loan:**

NFPA 101 Life Safety Code Handbook, #779527 (TA-E1)

**AUTHENTICATED:**



Janet A. Mayers, Center Services (TA-E1)



867-4714

**DON'T BE CAUGHT DEAD! USE A FIRE ESCAPE PLAN.**

**UNOFFICIAL**

**CAFETERIA: VISIT OUR WEBSITE TO VIEW MENU CHANGES. EACH CAFETERIA IS DIFFERENT.**  
**[HTTP://CAFETERIA.KSC.NASA.GOV/](http://CAFETERIA.KSC.NASA.GOV/)**

**CAMP KENNEDY SPACE CENTER SUMMER REGISTRATION:** Camp Kennedy Space Center (KSC) offers children entering 2nd through 9th grade an out-of-this-world experience to explore space this summer. Week long camp sessions are available June 5 through August 11. Regular tuition is \$280 per child per session. There is a 10% discount for badged employees and contractors of Kennedy Space Center, Cape Canaveral Air Force Station, Patrick Air Force Base, and retired KSC personnel. Camp KSC is based at the Astronaut Hall of Fame. Summer camp hours are from 9:00 a.m. to 4:30 p.m. with extended early drop-off and late pick-up hours available. If booked by Monday, May 29, 2006, early drop-off and late pick-up is free for badged employees. Campers receive a complimentary Kennedy Space Center Visitor Complex 12-Month Pass, lunches and afternoon snacks, Official Camp KSC t-shirt, four complimentary admission tickets to the Astronaut Hall of Fame, Camp KSC graduation ceremony and certificate of completion. For more information and registration details, call 321-449-4444 or visit [www.KennedySpaceCenter.com](http://www.KennedySpaceCenter.com).

**FLORIDA SPACE ACADEMY – SUMMER CAMP:** The Florida Space Authority is offering a science and space based Academy for High School students (9 -12 grade) this summer. The students will experience real-world engineering and 'hands-on' problem solving situations in a variety of disciplines – GPS, Robotics, Weather Balloon, payload integration, rocket propulsion and space life sciences, to name a few. They will meet NASA engineers, scientists and researchers to assist them mould their future careers.

#### FLORIDA SPACE ACADEMY – SUMMER CAMP: (Continued)

Session 1: June 19 – 23. (9:00 am – 4:00 pm)

Session 2: June 26 – 30. (9:00 am–4:00 pm)

Tuition is \$300, with a 10% discount for badged KSC employees, CCAFS, PAFB and retired KSC personnel. Early drop-off and late pick-up hours available. For more information, please go to our website: <http://www.floridaspaceauthority.com/> Click on the 'Florida Space Academy' icon or please call (321) 730 5301.

NASA EXCHANGE: \*\*\*\*Book Fair\*\*\*\* SSPF Café May 5th. \*\*\*\*Book Signing\*\*\*\*Mike Mullane, OSB Lobby May 5th 11:00am-1:00pm. Riding Rockets may be purchased at all exchange stores \$26.00. Exchange stores are open Monday through Friday. HQ 7:00 am-4:30 pm, OSB 7:00 am-5:15 pm, O&C 8:00 am-4:00 pm and SSPF 8:00 am-4:00 pm. Visit our web page at <http://nasaexchange.ksc.nasa.gov> for more information.

KSC EXCHANGE – HAIR SHOPS: Our shops offer a full line of services for men and women. This includes regular haircuts, perms, frosts, beard trims, razor cuts, shampoos and colors! Visit us in the HQ building, room 1251 (7-7077), and see Sharon or Janet from 8:00 am until 3:30 pm. In the OSB building, room 1118 (1-3026) come in and see Fred or Rocky from 8:00 am until 4:00 pm. Call for an appointment but walk-ins are welcome!

KSC EXCHANGE – CITGO GAS STATION: This week's specials are tire rotation and brakes. Tire Rotation for cars are only \$15 and vans and trucks are \$20. Balancing is extra. Front brakes for \$94.95 and that includes semi-metallic pads and turn rotors. Rear drum brakes are \$84.95 and rear disc brakes are \$114.95. These prices are for most vehicles. Call 453-1254 for more information and/or to make an appointment. Pay at the pump is open 24 hours -- Gasoline, Bio-diesel and E85 Ethanol are available. CITGO and most major credit cards accepted. For information, call 453-1254.

KENNEDY SPACE CENTER FEDERAL CREDIT UNION REPOS: 2005 Nissan Quest, 4-door, 2 sliders, \$19,900; 2005 Chevy Trail Blazer, \$18,850; 2004 Dodge Ram 1500 ST truck, \$11,200; 1999 175 Sport Fish 17' Center Console Outboard Yamaha, \$6,500, Repos located at the Merritt Island office. *ALL REPOS 4.99% APR.* call 455-9400, extension 1122. See pictures at [www.kscfcu.org/](http://www.kscfcu.org/)

LOGISTICS SCHOLARSHIP: The Space Coast Chapter of the Society of Logistics Engineers is offering a \$2000 scholarship towards a degree at Brevard Community College. Deadline for applications is May 5, 2006. For more information contact Leman Booher, Vice- Chair Education at 727-3672, Ex 3193 (after 5:00 pm, 373-4651) or Jan Hall, SOLE Chairman, 537-1582/452-0530.

COMPUTER SCIENCE DEGREE NOW AVAILABLE: Shape your own destiny with an M.S. in Computer Science from Webster University. Now's the time to get started! We are currently accepting applications for this Master's Program beginning August 12th. Classes meet one night a week in a format designed for working professionals. No GRE or GMAT is required. Call or email today for more information about this and other graduate programs available at Webster University – 321-449-4506 or [spacecoast@webster.edu](mailto:spacecoast@webster.edu). For further information about Webster University, visit our website at [www.webster.edu/spacecoast](http://www.webster.edu/spacecoast)

EMBRY-RIDDLE AERONAUTICAL UNIVERSITY'S SPACE COAST CENTER: Begin May 30th with Embry-Riddle Aeronautical University's Space Coast Center. We hold evening and web-based classes to fit the busy adult learner's schedule. Fully accredited by SACS, we offer Certificates, AS, BS, and Graduate Degrees in the aviation, safety, space, and management areas. Convert your two-year degree into a four-year bachelor of science. BS in Technical Management available at great tuition rates. New Master of Science (MS) in Technical Management cluster formats, customer friendly. MS in Project Management coming this summer. MS in Management starting classes at OSB II. We're on the move, join now. Call Jan Bridgham at 321-783-5020, send an email to <mailto:space.coast.center@erau.edu>, or visit our website at [www.embryriddle.edu/spacecoast/](http://www.embryriddle.edu/spacecoast/)

UNIVERSITY OF MIAMI (Cape Canaveral Programs): The University of Miami will begin accepting applications for the Master of Science in Management of Technology (MSMOT) starting June 2006 and the Master of Science in Industrial Engineering (MSIE) starting July 2006. Both programs will be taught in Cape Canaveral. Courses are held Friday evenings and Saturdays to accommodate working professionals. For more information and to receive an application/brochure, please call Mr. Augusto Roca, Program Administrator at 1-305-284-4100 or send email to [augusto@miami.edu](mailto:augusto@miami.edu).



## KSC Recycles

## PERSONALS

#### GARAGE SALE

Yard Sale: 5/6, 8:00 am-2:00 pm, lots of misc. household items, books, and clothing, 5090 Hogan PL., Port St. John, 631-1449.

#### REAL ESTATE FOR SALE

House: 3bd/1ba, cvd patio, Indry rm, brkfst bar, storage rm, recently remodeled, homestead, good neighborhood near park, Cocoa, \$155,900, 795-7346.

House: 3bd/2ba, new kitchen/carpet/tile/paint/roof, pool & lake view, West Melbourne, visit [www.owners.com](http://www.owners.com), search by listing ID #TPJ1254, 631-1332.

House: 3bd/2ba, lakefront w/pool, Sunset Lakes, north Merritt Island, \$399,000; 3bd/2ba, no closing costs, on Malabar golf course, \$249,000, 271-0676.

House: 3bd/2ba/1cg, 1096sf, Merritt Island, \$178,000, 407-568-3301.

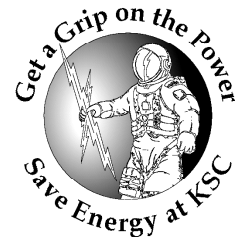
House: 4bd/2ba/4cg, 2600sf, North Merritt Island, \$384,900, 759-8743.

## **REAL ESTATE FOR SALE (Continued)**

House: 3bd/2ba/2cg, brick, split plan, new roof, interior paint, carpet, screened patio, Port St. John, \$252,000, Chris, 321-917-2167.  
House: 3bd/2ba, split plan, above ground pool, pond, new tile, Port St. John, \$180,000, 403-7383.  
House: 3bd/2ba, rec room, Florida room, ceiling fans, appliances, remodeled, .34 acre lot, Port St. John, \$164,900, Peter, 795-4496.  
House: 3bd/2ba/2cg, 1908sf, eat-in kitchen, ceramic tile, Corian, hurricane shutters, near golf, pool, maintained yard, LaCita, Titusville, 321-759-3520.  
House: 3bd/2ba/2cg, 55+, 2700sf, super amenities, Heritage Isle, Viera, \$370,000, 321-951-0347/321-726-9442.  
Condo: 2bd/1ba, 2nd level, remodeled, everything new, 42" cabinets, tile, great investment, Cape Canaveral, \$165,000, 321-639-0304.  
Condo: 1bd/1.5ba, new, few blocks from beach, overlooking lake, cathedral ceilings, patio, pool, rec room, gated, Cape Canaveral, \$175,000, 961-8178.  
Condo: 2bd/2ba, excellent location, Cape Canaveral/Banana River complex, \$185,000, 271-6016.  
Condo: 2bd/2ba, 1236sf, 1st floor on the beach, new laminate & carpet/appliances/windows/glass doors, great location, Cocoa Beach, \$319,900, 784-7594.  
Condo: 2bd/2ba, Curry Ford Rd, Orlando, \$148,900, 321-264-9010.  
Condo: 2bd/2ba, on golf course, nice view from renovated corner, first floor unit, Titusville, \$143,900/BO, 383-1183.  
Condo: 1bd/1ba, new upgrades, 2 blocks from beach, Maria at balderramateam@yahoo.com for question, \$139,700, 407-733-0037.  
Townhouse: 3bd/2ba, 4 blocks from beach, new kitchen/appliances, pool, 1881sf, Cape Canaveral, \$439,900, 321-799-0884.  
Townhouse: 2bd/2.5ba/garage, 2-story, new appliances/carpet, quiet neighborhood, Sherwood golf course, Titusville, \$274,900, 321-267-3900.  
Timeshare: Studio w/kitchen, on beach, floating week, transferable, red unit, tons of amenities, St Thomas Elysian Resort, \$12,000, 302-6745.  
Acreage: 2.5 acres cleared, high and dry, surrounded by new homes, Mims, \$175,000, 321-508-3973.  
Acreage: 1.85 acres, road and pad is in, nice mountain site, near Asheville, North Carolina, \$18,500, 321-508-2518.  
Acreage: 2.95 acres, flag lot, city water to existing house pad, south property line butts Chase Hammock Lake subdivision, East Crissifulli Road, \$235,000, 267-2372.  
Acreage: 18 acres, located in Charleston, West Virginia area, \$40,000/BO, Tom, 720-1471 or 254-8927, after 3:00 pm.

## **AUTOMOBILES AND RV'S FOR SALE**

1946 Chevy truck, \$1200, Jeff, 386-848-1099.  
1964 Chevrolet truck rolling chassis, short wheel base, \$1500; 1991 Corvette Coupe, A/T, high mileage, new tires, radiator, cooling fan motors, \$3500, 433-2753.  
1973 Porsche 914 race car project, 911 suspension, brakes and wheels, rollcage, lots of new/used parts, needs work, \$3000/BO, 631-4732.  
1982 Titan motorhome, new tires, A/C, generator w/heater, water pump, all work good, nice for its age, runs great, \$2500, Bill/Alice, 267-7122, after 3:00 pm.  
1986 Toyota Celica, 66K original miles, 5-speed, extra clean, \$2700, 784-2905.  
1986 Chevrolet Suburban Silverado 2500, A/T, P/W/L, C/C, set up to tow, \$2200, 321-636-5732.  
1987 Jeep Wrangler, 86K miles, new tires, high lift jack, \$5000, 784-6193.  
1989 Honda Prelude 2.0SI, all wheel steering, 5-speed, P/W, A/C, lots of new parts, driven daily, 144K miles, \$1400, 298-9172.  
1992 Toyota Tercel, 106K miles, 32mpg, A/T, runs great, blue/blue, 2-door, new tires/brakes, clearcoat flaking on hood, \$1500, Mark, 853-9948.  
1992 Suburban Loyale wagon, 4-door, AM/FM, A/C, 150K miles, runs great, excellent gas mileage, \$875, 407-832-1098.  
1992 Toyota Camry XLE, 3.0L V6, 191K miles, ABS, drivers side airbag, all options, original owner, daily commuter, \$2500/BO, Mark 321-264-9504.  
1992 Jeep Wrangler, new tires & rims, 9000 pounds Warn winch, 94K miles, \$6700/BO, 321-636-0504.  
1993 Jeep Cherokee, 200K miles, still runs great, \$1500/BO, Doug, 269-7279.  
1993 Chevy Silverado, sounds good and looks good, 1 owner, \$2800, 268-1364.  
1993 Ford F150 extended cab, 5-speed, 5.0L, new clutch, runs good, body fair, \$1300, Mark, 264-4427.  
1994 Ford conversion van, 150K miles, 5.8L V8, runs perfect, lots of extras, \$6000/BO, 321-795-4542.  
1994 Plymouth Voyager, \$750, 454-6284.  
1995 Chevy Silverado, extended cab with top, runs great, 162K miles, \$6800/BO, Jim, 321-264-2799.  
1995 Ford F250 XLT, turbo diesel, full power, tow package, extended cab, A/T, cold A/C, 20+ mpg, \$7777, 302-1061/258-7598.  
1997 Kia Sephia, 4-door, red, 143K miles, runs good, cold A/C, new tires, new battery, \$800, 698-4226.  
1997 VW Golf, A/T, needs work, \$1000, 321-735-0326.  
1997 Dodge Grand Caravan SE, blue, 155K miles, P/W/L, good condition, \$2200, 383-9258.  
1997 Ford F150 extended cab, all power, leather, tinted windows, \$7100/BO, 321-403-9495.  
1998 Ford Expedition 4x4 Eddie Bauer, 5.4L V8, dual A/C, CD, fully loaded, 7600 miles, excellent condition, \$9000/BO, 632-8183.  
1998 Jeep Cherokee, 6cyl, 4.0L, P/W/L, remote entry, \$6400, Robert, 407-267-3991.  
1999 Toyota Avalon XLS, white, all power, AM/FM/stereo/cassette/CD, alloy wheels, sunroof, excellent condition, maintained w/records, \$10,000/BO, 321-452-3077.  
1999 Dodge Dakota Sport Club Cab, all power features, A/C, tool box, A/T, bed liner, 83,800 miles, \$6900, Larry, 243-4817/269-2617.  
1999 Dodge Dakota Sport, V6 Magnum, good condition, runs great, new tires, \$4000, Cindy, 536-2415.  
2000 Lincoln Towncar Presidential series, champagne w/canvas roof, leather interior, CD, 61K miles, \$11,000, 693-1266.  
2000 Nissan Maxima, A/T, 93K miles, loaded, excellent condition, \$8900/BO, 432-5695.  
2000 Honda Accord EX, 4-door, V6, 50K miles, excellent condition, great mpg, \$13,000, 636-8225.  
2000 Jeep Sahara, new top, 51K miles, off road suspension, custom wheels/bumper, CD, garaged, \$17,000, 631-4700.  
2000 F250 XLT 4x4 crew cab, 5.4L, A/T, A/C, P/W/L, 133K miles, good truck, \$10,000/BO, 749-9160.  
2001 Dodge Dakota Quad cab Motorsport edition, red, in mint condition, P/W/L, P/S, C/C, leather, many extras, \$15,500/BO, Adam, 321-749-8385.  
2001 PT Cruiser, blue, A/T, AM/FM/CD, P/W, 42,700 miles, 1 owner, \$8000/BO, 267-5007.  
2002 Ford Expedition XLT 4x2, excellent condition, white, A/T, 4.6L, new tires, one owner, 65K miles, \$11,500, Linda, 321-259-1988.  
2003 GMC Sierra Denali extended cab, 4 wheel steer/drive, pewter, tan leather, new tires, CD, 67K miles, \$21,900, 321-403-8777.  
2005 Chevy Silverado SS, sunroof, extended cab, 6.0L, black, 20" chrome wheels, On-Star, XM, MSRP \$40,525, 15K miles, \$28,500, 242-1535.



## **HOUSEHOLD FURNISHINGS FOR SALE**

Bedroom set, 3 pc, dark cherry wood: 4-poster king waterbed, waveless mattress, tall dresser, mirror dresser, very good condition, \$700, Mike, 848-4603.  
New twin size bed, \$115, 863-7404.  
PVC octagon patio table with 4 chairs, Palm Casual with newer cushions and sleeves, PVC needs cleaning, \$40/BO, 631-3807.  
Childcraft honey oak 3-drawer dresser w/fold-down changing table, excellent condition, \$300, 749-2511.  
Fire engine toddler bed, excellent condition, w/nightlight, \$249 new, \$125/BO, Gary, 321-543-6316.  
Rattan dinette set, mauve, 48" glass top table, 4 chairs, \$85; large area rug, \$10, 453-4518.  
Youth captains bed, dresser w/mirror & nightstand, \$200, 634-5231.  
T-style bunk bed w/built-in drawers, desk at one end, matching chest w/book shelf on top, red/white, \$425, Mike, 693-8939/636-3731.  
Evenflo 3 in 1 baby bassinet, great shape, \$75; wrought iron table w/hammered glass top, 4 chairs, needs refinishing, \$100/BO, 631-4732.  
Childs twin bed, Pottery Barn style, red w/beadboard, excellent condition, email for pics, EntropyBrain@mindspring.com, \$220, 454-4532.  
Sauder model 128958 Cottage Home entertainment center, retails \$180, sell \$75/BO, 407-538-5739.  
Select Comfort, Sleep Number mattress, matching foundation and pump, twin size, w/bed frame, brass headboard, new condition, \$250, 267-8147.

### HOUSEHOLD FURNISHINGS FOR SALE (Continued)

Little Tykes desk w/chair, built in light box w/crayon carousel, 2 drawer, excellent condition, \$40; Little Tykes rocking chair, excellent condition, \$15, 268-0258.  
Computer desk, excellent condition, light wood, black metal, email for pics, thermalgirl@cfl.rr.com, Ross, 454-9565.  
3 piece living room set: sofa, oversized chair and ottoman, southwest colors, comfortable, good condition, \$175/BO, Karen, 264-3472, after 5:00 pm.  
Dining table, white tile top w/4 wood chairs, \$65, view at <http://bulletinsale.blogspot.com>, 432-3576.  
Girls twin white headboard w/tall post, from Ashley's, will sed pics, \$40, 321-698-7881.  
Rattan dinette set: round glass table 42", 4 arm chairs w/cushions, \$100/BO, 321-453-9635.  
Round dropleaf table, all wood, 36" diameter w/2 chairs, \$90, 321-383-9490, leave message.  
Dining room table, formal, 4 chairs, wood w/2 leafs, purchased 6 months ago for \$1000, sell \$900/BO, 636-7192.  
Sectional couch w/recliners on each end, whitewash oak coffee table, like new, \$600; green leather recliner, \$75/BO, Tiffany, 321-501-3394.  
Twin trundle bed, \$30, 501-6997.

### APPLIANCES FOR SALE

GE refrigerator, side-by-side, water/ice in door, almond, very good condition, \$150, 453-4518.  
Washer/dryer stacker, Sears Kenmore, like new, \$300/BO, 253-5434, evenings.  
Whirlpool heavy duty gas dryer, excellent condition, less than 2 yrs old, \$50, 501-2554.  
Kitchen aid 250 watt 10 speed mixer, used once, \$100, 427-2467.  
Whirlpool flat surface range w/self cleaning convection oven, \$300/BO, 321-453-9635.  
GE electric range, electronic display, kept clean, good condition, \$250/BO, 453-1187.  
Maytag gas dryer, good condition, \$50, 784-6193.  
Refrigerator, stove and dishwasher, older appliances but still work good, \$150/all/BO, 302-6994.  
GE range, radiant cooktop, \$150; Kenmore washer/dryer combo, \$75, 501-6997.



### MOTORCYCLE & EQUIPMENT FOR SALE

1977 Suzuki A-100 street bike, headlights, turn signals, engine has good compression, needs restoration, \$175/BO, 749-9039.  
1977 Yamaha RD400, red/orange, 12K original miles, excellent condition, \$2300, 813-433-4309.  
1983 Suzuki 650 DOHC twin, runs good, has a windshield, new battery, recent oil/filter change, \$650, 638-2061.  
1984 Harley-Davidson Roadster, 1000cc restored, pearl white, runs great, Fat Boy real wheel, classic, \$3900, Gary, 321-543-6316.  
1996 Suzuki Intruder 800, blue, 32K miles, saddlebags, highway pegs, custom exhaust, jet kit, \$3200, 784-1777.  
1997 Harley-Davidson 1200cc, customized from XL883, 16.5K miles, blue/purple, low rider, Screaming Eagle pipes, runs great, \$4900/BO, 321-626-6516.  
1999 Kawasaki KX60, very good condition, runs and looks great, fresh tires, gripper seat graphics, \$900/BO, Chuck, 321-961-5266.  
1999 Harley-Davidson Softtail Heritage, showroom condition, 5900 original miles, \$13,950/BO, 433-3200.  
1999 Kawasaki KX60 w/FMF exhaust, \$1100; 1999 Kawasaki KX80 w/Pro Circuit exhaust, \$1300, Kurt, 604-9508.  
2001 Indian Scout, low miles, excellent condition, extras, \$12,000, 636-2402.  
2001 Kawasaki KX500, runs great, \$1900; 2004 Honda CRF100F, low hours, FMF pipe, runs excellent, great condition, \$1550, 386-345-3452.  
2002 Harley-Davidson Road King, excellent condition, blue/silver w/extras, 501-3849.  
2003 Triumph Sprint ST 955, bags/cowling, 45mpg, \$5200, Tom, 269-2009.  
2004 Honda Shadow Ace Classic, 4700 miles candy apple red, wind shield, leather bags, passenger seat, \$5000 or take over payments, 799-6143.  
2004 Suzuki GSXR1000, pristine, 3K miles, too many upgrades to list, 168 hp by Full Spectrum Racing, \$9800/BO, 321-698-0465.  
2004 Yamaha 650 V-Star custom, 1800 miles, \$4500, 784-6193.  
2005 Suzuki V-Strom, DL-650, blue, 1K miles, pristine condition, 55mpg, garage stored, extras, Joe, \$4699, 321-427-6440.  
2006 Suzuki Burgman scooter, 400cc, 80 miles, \$5500, 321-269-5644.  
New Mini Baja, 5.5hp, trail motor bike, \$425, 446-0741.  
Polaris Sport 4 wheeler, new starter/battery, runs great, Alice/Bill, \$2000, 267-7122, after 3:00 pm.  
49cc mini motor bike, Jeff, \$225, 385-1364.  
Gas powered chopper scooter, 36cc, 2 stroke engine, electric starter, head/tail lights, blinkers and horn, up to 20 mph, Mike, 632-5825.  
Motorcycle riding gear for petite lady or youth, name brand, prefer to sell as package, will consider separately, like new, varied pricing, 383-7447, leave message.  
Detachable windshield for '00-later Harley-Davidson Deuce, includes docking hardware kit, used a very short time, \$300+ new, asking \$150, 433-2753.  
Womens motorcycle street Alpinestars racing suit, size Euro 38/US 2 and racing gloves, XS, brand new, cheap, 302-9314.

### BOATS & EQUIPMENT FOR SALE

13' Panther airboat hull, 3/4 deck, all aluminum w/trailer, \$800, Jeff, 302-9153.  
16.2' 2001 Scout, all gear needed, \$10,000/BO, 386-428-0536.  
18.5' 1995 Mariah 182 Barchetta bowrider, Mercruiser I/O, 4.3LX V6, 190 hp, loaded, trailer, excellent condition, \$7750/BO, Doug, 453-5482.  
20' Mako center console, 150hp, dual axel aluminum, \$9500; new bimini, cimbrella, 4x6 w/boot, green, \$200, 427-2467.  
25' 2003 O'Day sailboat, 15hp Honda 4 stroke, cockpit shower, auto helm, 4 jibs, lots of extras, \$7,500, 452-8909.  
Ski Centurian Competition Barefoot ski boat, 1992 hull, 1985 Johnson GT150, trailer, ski pylon, less than 10 hours on powerhead, beautiful, \$4500/BO, 383-7447.  
1978 Searay OMC items: 15x17 steel prop, gauges, 100' rope anchor, 2cf, A/C, DC refrigerator, bumpers, BO, 639-0385.  
1996 GTI 3 seat, 1997 GSX 2 seat Seadoos w/double trailer, \$5000, 632-0035/652-8256.

### MUSICAL INSTRUMENTS & ELECTRONIC EQUIPMENT FOR SALE

X-Box 360, 3 controllers, 2 wireless w/batteries, hard drive, memory card, NFL Madden 06 game included, \$450, 453-1301.  
Step 2 video center, 1.25 years old, new \$99, asking \$50/BO; Gateway PC w/monitor, speakers, \$75/BO, 264-9010.  
Polk audio monitor series 10 stereo speakers, excellent condition, \$150, 267-6814.  
Advent wireless stereo speakers, ideal for surround sound, rear or patio, work off an FM transmitter, included, \$50, 453-4518.  
Yamaha TSR270 keyboard, hardly used, like brand new, \$250, 267-8825.  
Gulbransen C700, organ/computer by Elka, mint condition, \$550/BO, 452-0747.  
Hobbico SuperStar remote control airplane, 60", .040 motor, w/Futaba 4Vf controller & accessories, never flown, new \$350, asking \$275, Paul, 890-5050.  
Kodak carousel slide projector, model 760H, 13 slide trays & slide/movie screen, \$50, 632-5451.  
Washburn 7-string electric guitar, excellent condition w/gig bag, \$200/BO, 638-2061.  
Motorola Freedom V505 cell phones for Cingular, 3 phones total, \$50/each/\$100/all, John, 795-6073.  
B flat cornet, \$200, 427-2467.  
Original Xbox Steel Battalion game, 40 button controller, strategy guide, line of contact game, \$150/BO, 264-4678.  
Dell Pentium III PC, 1 GHZ, 25 GB HDD, CD R/W drive, Windows ME, 17" CRT, keyboard, mouse, fax modem, NIC card, \$75, David, 639-4683, after 4:00 pm.

## **MISCELLANEOUS FOR SALE**

5 hp compressor head & electric motor, BO, 386-345-0200.  
Tires and wheels, fits Dodge 1500 truck 4 w/Eagle mags, \$275; 4w/stock mags, \$250, 321-639-0304.  
10" Delta table saw, \$200; Brush guard for chevy truck, \$200, 863-7404.  
Fill Dirt, 5 yards, you remove, 452-8909.  
Lawn equipment, 2004 and newer equipment, \$15,500/BO, 632-9310.  
Pleasure saddle, 15", black leather, silver conchos, \$275/BO, 494-7511.  
Formal gowns, worn once, approx. size 14, long sage green, long navy blue and short wine, great condition, \$40/each, 749-2511.  
Key West plantation shutters, blinds/double sliders, white vinyl, single/double pane, slider for French door, new, all hardware, cost \$2000, sell \$950/BO, 626-6516.  
14' trampoline, excellent condition, 4 months old, bought \$199.99 plus tax, sell \$100, 407-977-0121.  
Nordic Trac, old but in good shape, electronics in working order, \$40/BO, 268-8124.  
Full size Harvard Air Hockey table, 3'x6', 32" tall, electronic scoring, digital scoreboard, \$75, Mike, 632-5825.  
Dog pen, 10' square, 6' high w/walk through gate, \$200/BO, 266-3726.  
Firestone Supreme tires P205/70R15, 4/each, like new, used 5K miles, \$100, 323-6627.  
Tanning bed, Sunvision, 24-bulb, full body lay down, 2yrs old, hardly used, paid \$2700, sell \$1500, 863-7928.  
Porter Cable generator, 5250 watt, \$500; Jet table saw w/router and runoff table, \$200/BO, 634-5231.  
4 new 265/70R16, 80K mile Continental Sport LT, 2750 miles used, paid \$450, asking \$350/BO, John, 269-5932.  
Gently used jogging stroller, Instep brand, 5K model, blue/grey, single seat, email for pics, EntropyBrain@mindspring.com, \$90, 454-4532.  
Sealy crib mattress, barely used, \$30, 631-4732.  
Hallmark Collectables: Christmas ornaments, other seasonal ornaments in original boxes, motion ornaments also, 543-3032.  
Golf clubs, Tour Model Driver, #3 & #5 woods, 3,4,5,6,8,9, PW irons, steel shafts, very good condition, \$100/BO, 777-4734.  
FlowBoard skateboard, snow board on pavement, \$85, 636-8839.  
2 antique McCullough lawnmowers, \$175/BO, 749-9039.  
Stock hood for 74 Corvette, \$300; used small block, stainless steel, 2" exhaust, very good condition, \$100, 728-1540.  
Portable welder/generator, 20hp Onan engine, 50' tig torch, foot pedal, self contained water cooler, excellent condition, \$3750/BO, 407-568-8340.  
2 tickets, Tim McGraw/Faith Hill, Jacksonville arena, May 29th, row GG, lower level section 119, seats 6 & 7, face value at \$192, 321-223-1440.  
Boy's, bicycle, nice condition, \$20; Spyder Imagine Select paintball gun, barely used, with all accessories, \$50, Deb, 504-9641.  
36' aluminum walk board, 2 feet wide, paid \$3100, asking \$2000/firm, 631-5044.  
Nordic Track Walk Fit, \$65; porcelain dolls and doll kits, 321-269-5644.  
2006 Dodge Ram steel rims w/center caps, Michelin tires w/1K miles, \$250/all, Tim, 321-784-0444.  
Whirlpool 18,000 BTU window A/C, used 3 months, \$250, 960-3844.  
Volvo 1990-93 coupes/sedans/wagons Chilton's repair manual, \$15, 321-258-6946.  
Ladies 10-speed road bike, less than 50 miles, \$100; Performance Travel Tac bike trainer, like new, variable resistance, \$50, 383-7447.  
Aluminum diamond plate tool box, over the rail, opens on both ends, \$80, Rob, 543-8447.  
Stationary exercise bike, Edge Cardio model 4.1, measures pulse, adjustable seat/handle bars, \$60/BO, 453-5149.  
Utility trailer, 5x8, everything new, \$650, 501-3849.  
Men's roller blades, black, padded tongue, and laces, size 12, good condition, \$15/pair; aluminum crutches, adjustable height, good condition, \$15/pair, 794-6151.  
2004 Chevrolet steel rims w/tires and center caps, excellent condition, 50% tread, \$100, 321-727-1153, after 5:00 pm.  
Weed Eater lawn tractor w/bagger, 38" cut, 12.5hp, \$175, 631-7655.  
Men's bicycle, 26", almost new, \$50, 242-7357.  
1 pair stabilizer jacks, like new, for camper slid-out, \$60; 5th wheel metal utility box for pick-up, \$100, John, 768-0558, after 4:00 pm.  
Stock OEM wing for 99 thru 02 Camaro, excellent condition, \$150; treadmill, \$150, 321-537-5958.  
Studio Nova dinnerware, excellent condition, service for 8, Fruit Harvest pattern, oven to table, dishwasher/microwave safe, \$25, 795-0962.  
Sliding glass doors, white, 3 section, 8'h by 9'w, complete w/all hardware, like new condition, \$300, 453-0264.  
Topper off 1987 Toyota S/B, \$125; running boards off same truck, \$25, Jeff, 385-1364.  
Stihl FS44 String Trimmer, straight shaft, bump-feed, dual line, good condition, \$150, 302-0764.  
Troy Built 42" riding mower, 18hp, Briggs & Stratton, new belts, well maintained, runs great, \$450, 264-3266.  
Triathlon bike, medium, new, \$1200, 427-2467.  
Womens golf clubs, AVEGA, never used, full set w/bag, cost over \$300, sell \$250/BO, 799-1969.  
Kenny Chesney concert tickets, 4 other national acts, Saturday night, July 1st, Tampa stadium, floor section G, row 18, face value, \$199/2, Mike, 449-7271.  
A/C 5,000 BTU window units, 2, Maytag brand, 2 years old, \$60/each, 266-2778.  
Girls bicycle for 5-8 year old, like new, garage kept, will send pics, \$30, 321-698-7881.  
Fox riding boots, like new, used one time, \$50/firm, 632-8183.  
Pre-formed pond liner, \$25, 454-6284.  
Boy's Heelys wheeled shoes, kids size 1, never used, still in box, paid \$80, sell \$40, Luce, 631-7785.  
Ford C-4 transmission, \$85; 18 1/2hp Briggs 2 cylinder flat head motor, looks and runs great, \$100, 446-0785.  
Avon 1970's anniversary and reward plates, all boxed, never displayed, prices vary, 321-383-9490, leave message.  
Custom dog box, fits Chevy Stepside, \$400; new Kirky racing seat w/5 point harness, \$150, 302-0393.  
Little Tikes Cozy Coupe w/gas tank, \$35; Little Tikes Workbench w/tools, \$35; tricycle, \$15, 321-727-1393.  
Hand built Z-scale train layout, 3.5' X 7', 19 turnouts, power pack included, \$750; O gauge trains and accessories, 453-6795.  
Parts vehicle: 1996 Lexis ES300 V6, A/T, all running gear in great shape, BO, Scotty, 217-7196.  
Water heater, \$40; window A/C, 18 KBTU, \$50; boys bikes, \$30, 501-6997.  
3 Michelin tires, P225 60R, 16", approx. 5000 miles of use, \$175, 407-832-1098.  
Pick-up steel flatbed, Knaphseide, custom built, BO, 632-5899.

## **MISCELLANEOUS WANTED**

Hobie Cat trailer, 386-345-0200.  
Men's beach cruiser bike, no gears, reasonable, 453-1301.  
Used clarinet in good condition, Poser, 453-6561.  
Inexpensive student violin, 1/2 size, 268-4766.  
2 full size beds, sofa, love seat, recliner in very good condition, 636-6977.  
VW Trike, running or project, reasonable, 446-0785.  
Swisher Universal ATV Dump Bucket/Scoop for Honda Rancher, reasonable price, 269-3897.  
Tow dolly to tow small car w/RV, reasonable price, Mark, 536-6699.

